

Morning and Evening Dua'as



Shaikh-ul-Arab wal Ajam Arifbillah
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Salvation from the Worries of Both Worlds

Protection from the Calamities of Earth and

Dua for Increasing the Gardens of Jannah

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Dedication

*All my writings and compilations of this
humble servant are collections of the benefits
and blessings of the companionship of our
spiritual mentor:*

Muhiyyus Sunnah Hadrat Aqdas Maulânâ
Shâh Abrâr-ul-Haqq Sâhib *rahim*ahullâh,

Hadrat Aqdas Maulânâ Shâh ‘Abdul
Ghanî Sâhib Phulpûrî *rahim*ahullâh and

Hadrat Aqdas Maulânâ Shâh Muhammad
Ahmad Sâhib *rahim*ahullâh.

Muhammad Akhtar

(May Allâh Ta’ala Pardon Him)

Important Note:

The full benefit of taking tonics and health supplements will only be achieved by the one who refrains from eating poisonous substances. In the similar manner, those who refrain from sin will experience the full benefit of the virtues mentioned herein. If they occasionally err and slip into sin, they immediately repel the harm of the sin with sincere taubah and istighfaar. Therefore, it is vitally important to refrain from sin in order to achieve the benefits of reciting the wazaif mentioned in this booklet.

Protection from the Evil of All Creations

(Recite thrice)

It is reported from Hadhrat Abdullah Ibn Khubaib that once on a dark rainy night, we went out in search of Rasulullah (sallellaho alaihe wasallam), and we found him.

Rasulullah (sallellaho alaihe wasallam) said, "Say" I enquired, "What should I say?" He said, "Read..."

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ هُوَ اللَّهُ أَحَدٌ ۝ اللَّهُ الصَّمَدُ ۝ لَمْ يَلِدْ وَلَمْ
يُولَدْ ۝ وَلَمْ يَكُنْ لَهُ كُفُوًا أَحَدٌ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ ۝ مِنْ شَرِّ مَا خَلَقَ ۝ وَمِنْ شَرِّ

غَاسِقٍ إِذَا وَقَبَ ۝ وَمِنْ شَرِّ النَّفَّاثِ فِي الْعُقَدِ

۝ وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

قُلْ أَعُوذُ بِرَبِّ النَّاسِ ۝ مَلِكِ النَّاسِ ۝ إِلَهِ النَّاسِ

۝ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ ۝ الَّذِي يُوَسْوِسُ فِي

صُدُورِ النَّاسِ ۝ مِنَ الْجِنَّةِ وَالنَّاسِ

thrice every morning and evening, it will suffice (as protection) from everything.”

(Mishkaat p.188)

Surah Ikhlaas

In the name of Allah, Most Gracious, Most Merciful.

*Say He is Allah, the Only One,
Allah, the Independent (whom all creatures need),
He begets not, nor is He begotten.
And there is none like unto Him!*

Surah Al-Falaq

*In the name of Allah, Most Gracious, Most
Merciful.*

*Say: I seek refuge with the Sustainer of daybreak
From the evil of what He has created,
From the evil of the darkness as it overspreads,
From the mischief of those who blow on knots (by
practicing black magic),
And from the mischief of the jealous one as he
practices envy.*

Surah An Naas

*In the name of Allah, Most Gracious, Most
Merciful.*

*Say: I seek refuge with the Sustainer (Lord and
Cherisher of Mankind),
The King (or Ruler) of Mankind,
The Ilaah (God) of Mankind,
From the mischief of the Whisperer (of evil), who
withdraws (after his whisper),
Who whisper into the hearts of mankind,
Among jinns and among men.*

Note:Mullah Ali Qari (rahmatullah alaihe) has quoted Allamah Tibi (rahmatullah alaihe) in his Mirqaat (vol. 4 p.370), that the meaning of Hadith **تَكْفِيكَ مِنْ كُلِّ شَيْءٍ** is

اِي تَكْفِيكَ مِنْ كُلِّ شَيْءٍ that these three surahs are sufficient for the protection from all evil, and if the reader does not read any other wazifah besides this, it would suffice him.

Commentary:

Today, many Muslims have problems. Some say black magic(jadoo) has been done on them, their families or on their businesses. If we read this simple wazifah, Allah Ta'ala will save us from all calamities.

Salvation from the Worries of Both Worlds

(Recite seven times)

Hadhrat Abu Darda (radhiallaho anho) narrates that Rasulullah (sallellaho alaihe wasallam) has said, *"Whoever recites this morning and evening seven times, then Allah Ta'ala will become sufficient for his worries of both worlds."* (Rohul ma'ani, pg. 53 juz. 11)

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ
الْعَرْشِ الْعَظِيمِ

The Last Verses of Surah Hashr

It has been narrated by Hadhrat Ma'qal Ibn Yasaar that Rasulullah (sallellaho alaihe wasallam) said that one who recites **thrice** in the morning:

أَعُوذُ بِاللَّهِ السَّمِيعِ الْعَلِيمِ مِنَ الشَّيْطَانِ الرَّجِيمِ

I seek protection of Allah, the All-Hearing, and All-knowing from shaitaan, the rejected one.

followed by the last three verses of Surah Hasr
once, Allah Ta'ala will appoint over him
70,000 angels who will beg for forgiveness

هُوَ اللَّهُ الَّذِي لَا إِلَهَ إِلَّا هُوَ عَالِمُ الْغَيْبِ
وَالشَّهَادَةِ هُوَ الرَّحْمَنُ الرَّحِيمُ ۝ هُوَ اللَّهُ الَّذِي
لَا إِلَهَ إِلَّا هُوَ الْمَلِكُ الْقُدُّوسُ السَّلَامُ الْمُؤْمِنُ
الْمُهَيِّمُ الْعَزِيزُ الْجَبَّارُ الْمُتَكَبِّرُ سُبْحَانَ اللَّهِ
عَمَّا يُشْرِكُونَ ۝ هُوَ اللَّهُ الْخَالِقُ الْبَارِئُ الْمُصَوِّرُ
لَهُ الْأَسْمَاءُ الْحُسْنَى يُسَبِّحُ لَهُ مَا فِي السَّمَوَاتِ
وَالْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ

Protection from the Calamities of Earth and Sky

(Thrice morning and evening)

Hazrat Abban bin Uthman (radhiallaho anho) narrates from his father that Rasulullah (sallellaho alaihe wasallam) said, “ *Any servant who recites (the following) thrice in the morning and thrice in the evening, nothing will harm him.*” (Mishkaat, pg.209)

بِسْمِ اللَّهِ الَّذِي لَا ضَرَّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ
وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

In the name of Allah, with His Name, nothing can harm anything in the earth and sky and He is All-hearing and All-knowing.

For Protection of One's Religion, Life, Offspring, Family and Wealth

(Seven times)

بِسْمِ اللَّهِ عَلَى دِينِي وَنَفْسِي وَوَلَدِي وَأَهْلِي

وَمَا لِيْ

May the blessings of the Name of Allah be on my religion, myself, my offspring, my family and my possessions. (kanzul Ummaal vol. 2 pg. 636)

Protection from Insanity, Leprosy, White Liver and Paralysis

(Four times)

Hazrat Abdullah Ibne Abbas (radhiallaho anho) reports that Rasulullah (sallellaho alaihe wasallam) said: "When the dawn breaks and you have performed your fajr salaah, then recite the following dua four times. You will be protected from insanity, leprosy, white liver and paralysis (stroke).

(Amal al-youm wal-laylah, Ibnus Sunni, pg.118)

سُبْحَانَ اللَّهِ الْعَظِيمِ وَبِحَمْدِهِ وَلَا حَوْلَ وَلَا قُوَّةَ
إِلَّا بِاللَّهِ

*Pure and Sublime is Allah, The Mighty
And praise belongs only to Him. There is no power*

(to save a person from sins) nor strength (to accomplish good) but with the help of Allah.

Protection from All Fatal Diseases

(Once daily)

It has been narrated by Hazrat Anas (radhiallaho anho) that Rasulullah (sallellaho alaihe wasallam) would make this dua:

اَللّٰهُمَّ اِنِّىْ اَعُوْذُ بِكَ مِنَ الْبَرِّصِ وَالْجُنُوْنِ
وَالْجُذَامِ وَسَيِّئِ الْاَسْقَامِ

Oh Allah, I seek protection from white liver disease, insanity, leprosy and all fatal diseases."

(Jawaaahirul Bukhari, pg.570)

Note: Today, we hear of new diseases all the time, we should read this dua daily. One of the primary causes of disease is sins. By associating with the friends of Allah Ta'ala , a person will build courage and strength to discard sins.

Dua for Increasing the Gardens of Jannah

(Seven times)

Hazrat Abu Hurairah (radhiallaho anho) narrates that Rasulullah (sallellaho alaihe wasallam) said: “Read

لَا حَوْلَ وَلَا قُوَّةَ إِلَّا بِاللَّهِ

frequently, as this is from the treasures of Jannah.

Hazrat Ibrahim (alaihis salaam) told Rasulullah (sallellaho alaihe wasallam) on the night of Mi'raj to tell the Ummah that they must increase their gardens of Jannah by reciting the above. (Mirqaat, vol.5)

Salaatan Tunjina

(Recite three times)

اَللّٰهُمَّ صَلِّ عَلٰى سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ وَّ عَلٰى
اٰلِ سَيِّدِنَا وَمَوْلَانَا مُحَمَّدٍ صَلٰوةً تُنَجِّنَا بِهَا

مِنْ جَمِيعِ الْأَهْوَالِ وَالْآفَاتِ وَتَقْضِي لَنَا بِهَا
 جَمِيعَ الْحَاجَاتِ وَتُطَهِّرُنَا بِهَا مِنْ جَمِيعِ
 السَّيِّئَاتِ وَتَرْفَعُنَا بِهَا عِنْدَكَ أَعْلَى الدَّرَجَاتِ
 وَتُبَلِّغُنَا بِهَا أَقْصَى الْعَالَمَاتِ مِنْ جَمِيعِ
 الْخَيْرَاتِ فِي الْحَيَاةِ وَبَعْدَ الْمَمَاتِ إِنَّكَ
 عَلَى كُلِّ شَيْءٍ قَدِيرٌ

O Allah! Shower Your salutations upon our
 Leader and Master Muhammad (sallellaho alaihe
 wasallam) and upon the family of our Leader and
 Master Muhammad (sallellaho alaihe wasallam).
 Shower such salutations by means of which you
 grant us salvation from all difficulties and
 calamities, and by means of which You fulfill all
 our necessities and You cleanse us from all sins,
 and You elevate us to the highest stages, and You
 cause us to achieve every aspiration, from all the
 good in this world and after death. Verily, You

have power over everything.

There are countless blessings for the recitation of this Darood Shareef. Its recitation is a means of protection from plagues and all sicknesses. The heart also gains tremendous peace and tranquility. The recitation to this Darood Shareef and receiving its blessings is among the experienced practices of the pious personalities. (Zadus Saeed)

Protection from Black Magic

(Three times)

Recite Ayaat 81, 82 of Surah Yunus thrice.

فَلَمَّا أَلْقَوْا قَالَ مُوسَىٰ مَا جِئْتُمْ بِهِ السَّحَرُط

ان الله سَيُطْلَهُ ط ان الله لَا يُصْلِح عَمَل
الْمُفْسِدِينَ ○ وَحَقَّ اللَّهُ الْحَقَّ بِكَلِمَتِهِ وَلَوْ كَرِه
الْمُجْرِمُونَ ○

By reciting the above aayat **thrice** morning and

evening, one is not afflicted by black magic. If one has already been afflicted, the effects will be removed.

Protection from Evil Destiny and Difficulties

(Recite seven times)

اَللّٰهُمَّ اِنِّىْ اَعُوْذُبِكَ مِنْ جَهْدِ الْبَلَاءِ وَدَرَكِ الشَّقَاءِ
وَسُوْءِ الْقَضَاءِ وَشِمَاطَةِ الْاَعْدَاءِ

Rasulullah (sallellaho alaihe wasallam) said: *“O people! Seek refuge in Allah from severe calamities, and from the grips of ill-hope, and evil destiny and from the taunting of enemies.”* (Severe calamities mean that a person is unable to cope with a difficulty as a result of which he desires death).

Dua for Guidance and Protection from the Evil of One's Nafs (Inner-Self)

(Recite three times)

It has been narrated by Hazrat Imraan bin Husain (radhiallaho anho) that Rasulullah (sallellaho alaihe wasallam) had taught his father this dua:

اَللّٰهُمَّ اِهْمِنِيْ رُشْدِيْ وَاَعِزِّنِيْ مِنْ شَرِّ نَفْسِيْ

"Oh Allah, inspire me with guidance and protect me from the evil of myself."

(Tirmizi vol.2 pg.186)

Dua for Deliverance from Shirk(Assigning Partner with Allah Ta'ala)

It has been narrated by Hazrat Abu Bark (radhiallaho anho) that Rasulullah (sallellaho alaihe wasallam) said: *"Ascribing partners to Allah in my Ummah is much more hidden than the pace of an ant crawling upon a black stone."* (Kanzul Ummaal vol.2 pg.816)

Shirk is a very hidden thing. It enters the heart very silently and very few are saved from it.

Upon hearing this, Hazrat Abu Bakr (radhiallaho anho) asked in a frightened manner, *"How can one be saved from it?"* Rasulullah (sallellaho alaihe wasallam) said: *"Should I not show you such a supplication (dua) that if you recite it, you will be free from minor and major shirk."* Hazrat Abu Bakr (radhiallaho anho) begged him to tell him. Rasulullah (sallellaho alaihe wasallam) instructed him to say:

اَللّٰهُمَّ اِنِّىْ اَعُوْذُبِكَ اَنْ اُشْرِكَ بِكَ وَاَنَا اَعْلَمُ
وَاَسْتَغْفِرُكَ لِمَا لَا اَعْلَمُ

"O Allah, I seek protection in You from that I ascribe partners to You knowingly and I seek forgiveness from You for those things which I do not know." (Kanzul Ummaal vol.2 pg.816)

Commentary:

By continuously reciting this Dua, there is guarantee of safety from shirk, and glad tidings of sincerity.

Sayyidul Istighfaar

(Recite once)

Hazrat Shaddad bin Aus (radhiallaho anho) reports that Rasulullah (sallellaho alaihe wasallam) said: "Sayyidul Istighfaar (i.e. The Greatest Istighfaar) is to beseech Allah Ta'ala in the following manner:

اَللّٰهُمَّ اَنْتَ رَبِّيْ لَا اِلَهَ اِلَّا اَنْتَ خَلَقْتَنِيْ وَاَنَا عَبْدُكَ
وَاَنَا عَلٰى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ اَعُوْذُ بِكَ
مِنْ شَرِّ مَا صَنَعْتَ اَبُوْءُكَ بِنِعْمَتِكَ عَلٰى وَاَبُوْءُ
بِدَنْبِيْ فَاغْفِرْ لِيْ فَاِنَّهٗ لَا يَغْفِرُ الذَّنُوْبَ اِلَّا اَنْتَ

O Allah! You alone are my Rabb (Lord). There is none worthy of worship besides You. You indeed have created me and I am only Your slave. I am steadfast upon Your covenant and promise to the extent I can. I seek refuge in You from the sins I have committed. I acknowledge Your favors upon me and I confess to my sins. Forgive me for verily none forgives sins except You."

NOTE: In a narration of Bukhari Shareef and Nasai Shareef, it is reported from Hazrat Shaddad bin Aur (radhiallaho anho) that Rasulullah (sallellaho alaihe wasallam) said: *“The one who recites this dua in the morning and passes away before the evening, he will pass away as a Shaheed (martyr). Likewise, the one who recites this in the evening and passes away before the morning, he too will pass away as a Shaheed.*

Commentary: Apparently, the secret in there being such a great virtue for this Istighfaar is that every word is filled with the spirit of servitude and slavery.

A Comprehensive Dua that Consists of all the Duas made by Rasulullah (Sallellaho Alaihe Wasallam) in his Twenty-Three Years of Prophet Hood

(Recite once)

Hazrat Abu Umama (radhiallaho anho) reports that Rasulullah (sallellaho alaihe wasallam) made numerous duas but some of us could not remember any of these duas. We said to him: “O Nabi of Allah (sallellaho alaihe wasallam)! You have made innumerable duas but we do not remember any of them.” Rasulullah (sallellaho alaihe wasallam) replied: “Should I not show you such a comprehensive dua which includes all these duas? Say:

اَللّٰهُمَّ اِنِّیْ اَسْئَلُكَ مِنْ خَیْرِ مَا سَأَلَكَ مِنْهُ نَبِیُّكَ
مُحَمَّدٌ صَلَّى اللهُ عَلَیْهِ وَسَلَّمَ وَ اَعُوْذُ بِكَ مِنْ شَرِّ مَا
اَسْتَعَاذَ مِنْهُ نَبِیُّكَ مُحَمَّدٌ صَلَّى اللهُ عَلَیْهِ وَسَلَّمَ وَاَنْتَ
الْمُسْتَعَانُ وَعَلَيْكَ الْبَلَاغُ وَلَا حَوْلَ وَلَا قُوَّةَ اِلَّا بِاللّٰهِ

O Allah! I beg of You for all the good that Your Nabi Muhammad (sallellaho alaihe wasallam) asked of You and I seek refuge from all the evil that Your Nabi Muhammad (sallellaho alaihe wasallam) sought refuge from. You alone are the one from whom help is sought. And it is upon You to answer our plea. There is no power to refrain from sins and to perform righteous deeds except from You.

Dua for the Fulfillment of Debts and Removal of Grief and Sorrow

Hazrat Abu Saeed Khudri (radhiallaho anho) reports that a person came to Rasulullah (sallellaho alaihe wasallam) and said: *"I have been overcome by worries and debts(that I am consumed by the worry of the payment of my huge debts).* Rasulullah (sallellaho alaihe wasallam) replied: *"Should I not show you such a dua which, if you read it, Allah Ta'ala will remove your worries and will fulfill your debts?"* The person exclaimed: *"Please do tell me."* Rasulullah (sallellaho alaihe wasallam) said: *"Recite the*

following every morning and evening:

اَللّٰهُمَّ اِنِّىْ اَعُوْذُبِكَ مِنَ الْهَمِّ وَالْحُزْنِ وَاعُوْذُبِكَ
مِنَ الْعَجْزِ وَالْكَسَلِ وَاعُوْذُبِكَ مِنَ الْبُخْلِ وَالْجُبْنِ
وَاعُوْذُبِكَ مِنْ غَلَبَةِ الدَّيْنِ وَقَهْرِ الرِّجَالِ

O Allah! I seek refuge in You from grief and worries, and I seek refuge in You from being unable (to do what is required) and from laziness and cowardice, and I seek refuge in You from excessive debts and from being overpowered by people.”(Mishkaat pg.215)

Dua for Continuous Wellbeing and Retaining Of the Favors of Allah Ta'ala

Hazrat Abdullah bin Umar (radhiallaho anhoma) reports that Rasulullah (sallellaho alaihe wasallam) prayed thus:

اَللّٰهُمَّ اِنِّىْ اَعُوْذُبِكَ مِنْ زَوَالِ نِعْمَتِكَ وَتَحَوُّلِ
عَافِيَتِكَ وَفُجْأَةِ نِقْمَتِكَ وَجَمِيعِ سَخَطِكَ

"O Allah! I seek refuge in You from favors being taken away, and I seek refuge in You from my safety being snatched away, as well as from Your sudden punishment and from every displeasure of Yours." (Mishkaat pg.217)

Salaatul Hajaat

The Salaat to Be Performed When One Has a Need

When a need arises, perform a proper wudhu then perform two rakats of salaah with full devotion and concentration. Hymn the praises of Allah Ta'ala, recite darood upon Rasulullah (sallellaho alaihe wasallam) and then recite the following dua at least once. However, it may be recited as many times as one wish.

لَا اِلٰهَ اِلَّا اللهُ الْحَلِيْمُ الْكَرِيْمُ سُبْحَانَ اللهِ رَبِّ الْعَرْشِ

الْعَظِيمِ وَالْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ أَسْأَلُكَ مُوْجِبَاتِ
 رَحْمَتِكَ وَعَزَائِمَ مَغْفِرَتِكَ وَالْغَنِيمَةَ مِنْ كُلِّ بَرٍ
 وَالسَّلَامَةَ مِنْ كُلِّ آثَمٍ لَا تَدْعُ لِي ذَنْبًا إِلَّا غَفَرْتَهُ وَلَا
 هَمًّا إِلَّا فَرَّجْتَهُ وَلَا حَاجَةً هِيَ لَكَ رِضًا إِلَّا قَضَيْتَهَا
 يَا أَرْحَمَ الرَّاحِمِينَ

*There is none worthy of worship besides Allah, the
 Clement, the Bountiful. Glory be to Allah,
 Sustainer of the Magnificent Throne. Praise be to
 Allah, Sustainer of the worlds. Oh Allah, I ask of
 You all those actions which draw Your Mercy and
 which makes Your forgiveness necessary, I ask of
 You a fair share of every goodness and protection
 from all sins. Do not leave any of my sins
 unforgiven and no need (of mine) with which You
 are pleased, unfulfilled, O Most Merciful of those
 who show mercy. (Tirmizi vol.1,pg.108-109)*

Dua for Steadfastness on Deen

Hazrat Shahr bin Jaushab (radhiallaho anho) says: "I asked Umme Salma (radhiallaho anha) 'What was the dua most often read by Rasulullah (sallellaho alaihe wasallam) in his house?' She replied that Rasulullah (sallellaho alaihe wasallam) used to read:

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ قَلْبِي عَلَى دِينِكَ

*O the Controller of hearts! Make my heart firm on
Your Deen. (Tirmizi)*

Dua for Following the Truth and Abstaining From Falsehood

اَللّٰهُمَّ اَرِنَا الْحَقَّ حَقًّا وَّارْزُقْنَا اتِّبَاعَهُ وَاَرِنَا الْبَاطِلَ
بَاطِلًا وَّارْزُقْنَا اجْتِنَابَهُ

*O Allah! Enable me to see the Truth as Truth and
give me the ability to follow it. And enable me to
see the falsehood as false and give me the ability to
refrain from it.*

It is clearly understood from the above that it is not sufficient to merely recognize the Truth. It is also necessary to practice upon it. If one recognizes the Truth but does not practice upon it, one will be a criminal. Likewise, it is not sufficient to recognize what is evil. It is also necessary to refrain from it. Sometimes one recognizes the evil. He understands that it is a sin, yet he does not refrain from it. He too is a criminal. It is the eloquence of the speech of Rasulullah (sallellaho alaihe wasallam), that in such short words, such an eloquent and comprehensive message is delivered.

One who continuously recite this dua, will Inshallah be able to distinguish between good and evil, and he will receive the ability to practice on the good and refrain from the evil.